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NURSING NEWS AND ANNOUNCEMENTS



NATIONAL

THE MEETINGS OF THE NATIONAL SOCIETIES FOR 1909.—At a joint meeting of the officers of the Nurses' Associated Alumnae and the Superintendents' Society held early in January, the general plan and program for the meetings next spring in Minnesota were agreed upon. It is the year for the regular meeting of the united societies in the Federation of Nurses, and for reasons of greater convenience to members the date has been set in June instead of May.

Monday, June 7. Superintendents' Council and business meetings.

Tuesday, June 8. Superintendents' Society regular program.

Wednesday, June 9. Meetings and program of the Federation of Nurses.

Thursday, June 10. Associated Alumnae regular program.

Friday, June 11. Associated Alumnae regular program.

The subjects of state examining boards and other important business will have place on Thursday afternoon.

A full announcement of program and details will be published next month.

THE EXECUTIVE COMMITTEE AND COUNCIL.

THE ASSOCIATED ALUMNAE.—At a meeting of the Executive Committee of the directors of the Associated Alumnae, held in New York on January 4, the date of the meetings of the twelfth annual convention of the Associated Alumnae in Minneapolis was fixed for June 10 and 11, following those of the Superintendents' Society and the Federation, as announced above. The following associations were accepted to membership: The Cincinnati Hospital Alumnae Association, Cincinnati; St. Joseph's Hospital Alumnae Association, St. Paul; Graduate Nurses' Association, Lafayette, Indiana; Graduate Nurses' Association, Indianapolis.

In response to inquiries which have been received, the announcement is repeated that the chairman of the Programme Committee is Agnes G. Deans, 193 Frederick Street, Detroit, Mich.

SARAH E. SLY, Secretary.

STOCKHOLDERS MEETING OF THE AMERICAN JOURNAL OF NURSING COMPANY

At the annual meeting of the stockholders of the AMERICAN JOURNAL OF NURSING COMPANY held in New York City on January 21, directors for the coming year were elected as follows: Lila Pickhardt, Chicago, Ill.; M. A. Samuel, R.N., New York; M. M. Riddle, Newton Lower Falls, Mass.; M. A. Nutting, R.N., and Annie Damer, R.N., New York.

At the meeting of the directors the following day the officers were re-elected: Miss Damer as president, Miss Samuel as secretary and Miss Riddle as treasurer.

NEW HAMPSHIRE.

Concord.—THE CONCORD DISTRICT NURSING ASSOCIATION, in its ninth annual report, gives an interesting account of the work done in that city by a

small association consisting of two graduate nurses and two pupil nurses from the senior class of the New Hampshire State Hospital. The latter serve for three months at a time, do good work, and feel the value of the service. The head nurse is Annie R. Moore, a graduate of the Boston City Hospital, the Philadelphia Lying-in Hospital, and the Boston Instructive Visiting Nurse Association. The nurses care for not only the poor but for those of moderate means, when they have time to do so, charging according to the patient's ability to pay. Those who are unable to pay anything are given the best of care, and if there are more calls than can be answered, the charity cases are given the preference. Every physician in town has employed the visiting nurses during the past year. A visiting committee, composed of eight women who are residents of Concord, supplements the nurses' work. These women have regular districts assigned them, and they visit all cases referred to them by the nurses. A diet kitchen and a flower mission, separate organizations, co-operate with the district nurses. The Boston and Maine railroad furnishes free transportation on the street railway for the nurses when engaged in their work. The hours of the nurses seem rather long, they are given in one place as from 8 A.M. to 7 P.M., in another place until 6 P.M. Night calls are answered, and important cases are visited on Sunday.

MASSACHUSETTS

Boston.—THE MASSACHUSETTS GENERAL HOSPITAL ALUMNÆ ASSOCIATION held its regular monthly meeting in the Thayer Library, December 29. A birthday party will be given soon for the purpose of raising funds for establishing a sick benefit fund. A social hour and refreshments followed the business meeting.

AT THE BOSTON CITY HOSPITAL NURSES' CLUB New Year's social, January 5, Miss Drown read a letter from Dr. Rowe, whose resignation as superintendent of the hospital has just taken effect, in which he regretted his inability to be present, and thanked all the nurses of the training school for their interest and co-operation in the work of the hospital during the years in which he had been its superintendent.

SUSIE W. GRAY, class of 1906, Rhode Island Hospital, who has been for some time in California, has returned and intends to do private nursing in Boston. Agnes M. Gaul, St. Elizabeth's Hospital, has just patented a useful device known as the care-free umbrella clasp.

Newton Lower Falls.—TRUSTEES OF THE NEWTON HOSPITAL announce that the efforts of the charity workers of Newton to remove the debt of \$19,000 which accrued from the care of worthy poor cases during last year, have resulted in a subscription fund of \$21,700. In addition to this, \$12,000 was raised by the churches of Newton on Hospital Sunday, several weeks ago. One of the prominent givers to the fund was Mrs. Mary Baker G. Eddy, who sent a personal check for \$500. The surplus above the actual indebtedness will be applied to the care of worthy poor cases during the coming year. The Newton Hospital is one of the most splendidly equipped and administered of the institutions of its class, with a capacity of something more than a hundred beds. A district nursing force for all the Newtons is centred there, and provision for the care of tuberculous patients is being developed under the direction of the superintendent, Mary M. Riddle.

Brookline.—IDA M. LEWIS, a graduate of the Boston City Hospital, has been appointed school nurse for Brookline. She is the first to hold this position, and commenced her duties on January 4.

Brighton.—THE BRITHELMSTONE CLUB is providing a graduate nurse for district work in this city. For three months the work was done by Ethel Kee, a Newton graduate. Since September, Grace Marion Prue has combined the work with her own private visiting work, and has made 532 calls for the club.

Worcester.—THE WORCESTER CITY HOSPITAL ALUMNÆ ASSOCIATION held its annual reunion on June 12, 1908, from 5 to 10 P.M., having a box luncheon, followed by dancing. There was a good attendance.

Charities tells of a plan carried out in Worcester and vicinity by which the state and the factory owners share together the cost of caring for patients with tuberculosis in the incipient stage, who are factory employees. These are cared for at first in the Rutland Sanatorium and are then transferred to boarding places and farm-houses which are under careful inspection. Three homes for advanced cases of tuberculosis are to be opened in Massachusetts in May, and others later, until complete provision for the care of all cases, early or advanced, is made.

CONNECTICUT

Hartford.—HARTFORD HOSPITAL TRAINING SCHOOL.—On December 9 a fair was held at the residence of the Hartford Hospital to raise funds for books required in the training school library. Under the supervision of the principal, Miss Sutherland, and the head nurses, committees comprising the whole school managed the arrangement and decoration of the different booths. Fancy work of all kinds, flowers, paper articles, dolls, and tempting refreshments were sold very readily during the afternoon and evening, so that the auction sale of remaining articles did not burden unduly the members of the visiting and house staffs who bid with a praiseworthy determination to see the affair through to a finish. With the signal to the orchestra for dance music the floor was cleared of booths and tables, and the strenuous day ended with congratulations upon the success of the fair, both socially and financially. The receipts amounted to \$550 which will yield, expenses paid, about \$425 for library books. The school has at present a reference library of about 300 books, the money for which was earned by the nurses at a fair held several years ago.

NEW YORK

New York.—THE MEETINGS ON NURSES' DAY, held in connection with the tuberculosis exhibit in New York, had a fairly well-attended afternoon session, and a crowded house in the evening. Miss Damer presided. There were excellent papers, but little free discussion. Dr. Alex. Miller, in his paper entitled "Preparation for Social Service," described the nurses' work as being "a mission of friendliness," and the nurse, as "a director of human souls."

THE PRESBYTERIAN HOSPITAL ALUMNÆ ASSOCIATION has received, since the death of Dr. A. J. McCosh, \$25,000 for its benefit fund, to be known as the Andrew J. McCosh Endowment Fund.

THE ST. LUKE'S HOSPITAL ALUMNÆ ASSOCIATION held a meeting on the evening of January 5 to which the graduating class was invited. Owing to heavy rain, the attendance was small. Interspersed with music and dancing were short talks by Annie Damer, Jane A. Delano, Jane Elizabeth Hitchcock, Annie W. Goodrich, and Sophia F. Palmer. The alumna association has contributed \$25.00 toward the current expenses of the Hospital Economics Course. The eleventh annual report of the association, just at hand, gives fully

all information in regard to the society, its officers, members, finances, registry, etc. The president of the association is Isabel Lount Evans; the secretary, Mrs. Hugh Reid Jack, 909 Avenue St. John. The society has a membership of 177 active, and 15 life and honorary members. The registry has a membership of 110, and received 1044 calls during last year.

ST. LUKE'S HOSPITAL TRAINING SCHOOL held graduating exercises on the evening of January 11 in the chapel of the hospital, the following nurses receiving diplomas: Victoria L. Armstrong, Maude Barnes, Alice J. P. Blanchard, Katharine H. Brooks, Evelyn Carling, Mabel Clarke, Grace I. Cooke, Gertrude De Voe, Ivy M. Dow, Elizabeth A. Faircloth, Katharine E. Forry, Jean A. Frantz, Jane M. Frazier, Olive F. Garland, May S. Gould, Emily R. Gulick, Caroline K. Hewes, M. Joyce Lewis, Helen M. Manchester, Mary D. Marsh, Mary M. McDougall, E. Florence McLean, Helen E. Messer, Alice M. Metcalf, Winifred S. Moody, Louise A. Nelson, Sarah J. Patterson, Edith Phalon, Weenie H. Pogose, Annie M. Slater, Margaret Small, Isobel Stanbrough, Dora M. Stout, Grace Swartfiguer, Helen M. Thompson.

THE WOMAN'S HOSPITAL, in a handsome little pamphlet, gives a brief outline of the history of the work of the hospital, and makes an appeal for gifts for current expenses.

LUCY BANNISTER, a Bellevue graduate, has been appointed executive secretary of the Woman's Department, National Civic Federation. Dr. Mary McMillan succeeds her in the welfare work at the Westinghouse Lamp Company.

Brooklyn.—THE KINGS COUNTY HOSPITAL ALUMNÆ ASSOCIATION held its annual meeting at the nurses' home on January 12, with a large attendance. The following officers were elected for 1909: president, Miss Page; vice-presidents, Miss Nichol and Miss Read; secretary, Miss M. O'Donnell, treasurer, Miss Treadway. Owing to the absence of the newly elected president, no other business was taken up.

Saratoga Springs.—THE ALUMNÆ ASSOCIATION OF THE SARATOGA HOSPITAL held a meeting on January 7 in the nurses' reception room at the hospital. Plans were discussed for raising funds for the current year. After the meeting refreshments were served by Anna Schulze, superintendent of the training school, and Carrie M. Eighmey, president of the association. The school will be represented at a "Cosmovilla" given by the alumnae association of St. Luke's Hospital, Newburgh, N. Y., by a doll dressed in the uniform of the school, contributed by the alumnae association.

M. M. Moss, R.N., class of 1903, Saratoga Hospital, is head nurse at the Royal League Sanitarium, Black Mountain, North Carolina. M. J. Goodall, R.N., class of 1904 has a position in Dr. Bull's Sanitarium, New York City. N. I. Crandall, R.N., class of 1905, is in charge of the surgical corridor of the Presbyterian Hospital, New York City.

Rochester.—SOPHIA F. PALMER, R.N., editor-in-chief of the JOURNAL, spent part of January on a tour of visits, being the guest of Mabel Wilson at St. Luke's Hospital, and of Annie W. Goodrich at her home, in New York; of Mary M. Riddle at the Newton Hospital; and Lucretia S. Smart at the Boston Relief Station; and of Mary E. P. Davis, in Philadelphia. She has spoken informally before half a dozen groups of nurses in New York, Boston and Philadelphia.

NEW JERSEY

Orange.—THE ORANGE BRANCH OF THE GUILD OF ST. BAENABAS FOR NURSES, through the secretary-general of the guild, Mrs. Annie H. B. Howe, wishes to express its thanks and appreciation for all the help received from so many nurses all over the country for the dolls dressed and sent to the sale for the benefit of the sick fund for nurses.

THE VISITING NURSES' SETTLEMENT is giving a series of talks on home nursing, at the St. Cloud Parish House, Presbyterian Church, West Orange. The two in January were on the sick room and baths. The dates and subjects ahead are:

February 5, 3 P.M. *a.* Bed-sores, cause, prevention and cure. *b.* Practical demonstration in poultice making, fomentations, and other applications. Miss Bouldin.

February 13, 3 P.M. *a.* Sick room cooking. *b.* Demonstration in the preparation of beef tea, broths, gruels, toast, etc. Visiting Nurse Settlement Dietitian.

March 5, 3 P.M. Emergencies. *a.* Circulation of the blood. *b.* Burns, poisons, fainting. Miss Bouldin.

March 19, 3 P.M. Tuberculosis. Preparatory talk to lecture. Miss Bouldin.

April 2, 8 P.M. Crusade against great white plague. Mr. James B. Williams, Executive Secretary, Anti-Tuberculosis Committee.

April 16, 3 P.M. Care of contagious cases. Miss Bouldin.

April 30, 3 P.M. What a young girl ought to know. Miss Bouldin.

May 6, 3 P.M. Talk to young mothers. Care of infant, clothing, food, etc. Miss Bouldin.

The Visiting Nurses' Settlement issues its eighth annual report from which a good idea of the various kinds of work accomplished by it can be gathered, a headquarters for visiting nurse work, an opportunity for graduate work in this line, a first aid room, a milk dispensary, a branch diet kitchen, and neighborly festivities in the form of Thanksgiving baskets and a Christmas tree. The problem to be faced is that which presents itself to so many hospitals and philanthropic institutions just now—increased calls for help and decreasing support by the charitably minded, on account of the recent hard times. It is to be hoped that so good a work may not seriously suffer from lack of funds. The head worker is Honora Bouldin, graduate of the Philadelphia Hospital.

PENNSYLVANIA

Philadelphia.—THE NURSES' ALUMNÆ ASSOCIATION OF HOWARD HOSPITAL at the October meeting elected officers as follows: president, Florence Biddle; vice-president, Hettie MacNab; treasurer, Viola Woodward; secretary, Mrs. Leslie K. Roller. Twenty-two candidates were elected to membership, and a new constitution and by-laws were adopted. Regular monthly meetings will be held the first Tuesday of each month, at 3 P.M., at the Howard Hospital.

JEANNETTE S. LYON, class of 1899, Episcopal Hospital, has accepted a position on the staff of nurses of the Chicago Tuberculosis Institute.

Pittsburg.—ELIZABETH B. REID has resigned her position as directress of nurses of the Western Pennsylvania Hospital, and will sail for Egypt the middle of February to take a position in The American Hospital, Tanta.

DISTRICT OF COLUMBIA

Washington.—THE NURSES' EXAMINING BOARD of the District of Columbia will hold examination of applicants May 3 and 4, 1909. All applications must be in before April 15. Apply to the secretary.

KATHERINE DOUGLASS, Secretary,
320 East Capitol Street.

THE GRADUATE NURSES' ASSOCIATION, at the January meeting held at the Occidental Hotel, discussed with much interest the plan of starting a club-house. Margaret J. Thompson and Katharine Vincent were appointed to confer with the presidents of the various *alumnæ* associations of the city in regard to the advisability of concerted action. A letter from Susan Higgins, a charter member of the association, missionary nurse in Wu Chang, China, was read. Reba J. Taylor was appointed delegate, Peron Jennings, alternate, to the Associated *Alumnæ*. A talk was given by Eugenia Bray, secretary of the Association for the Prevention of Tuberculosis, who told of its work and plans. Nurses may help by giving publicity to its work, arousing interest which will result in contributions from new sources.

THE AMERICAN NATIONAL RED CROSS SOCIETY, at its meeting held last November, decorated Elizabeth M. Hewitt and J. Beatrice Bowman both of the Nurse Corps, United States Navy, with a service bar for volunteer work done under the Red Cross at Hattiesburg, Miss., after the cyclone of last spring. The bar is of bronze and on its face are the words "Hattiesburg, 1908." The net proceeds of the sale of Red Cross Christmas stamps in the District amounted to something over \$2000. The money will be used to improve the grounds for a day camp for incipient tuberculous patients, to buy reclining chairs, and hammocks, etc. The Red Cross Society keeps this camp open from April till January on the grounds of the Tuberculosis Hospital, Fourteenth Street, extended.

THE REGISTRY COMMITTEE determined recently that, beginning with January 1, only registered nurses can be members of the Central Registry. Nurses who make application for examination in May will be admitted to membership now.

LOUISA C. LIPPETT, graduate of the Protestant Episcopal Hospital, Philadelphia, has been engaged to give instruction in massage by the Garfield Memorial and Columbia Hospitals.

FREDRICKA BRAUN, R.N., graduate of Columbia and Children's Hospitals, has been appointed school nurse for three months. The appointment was made through the efforts of the Instructive Visiting Nurse Society, not by the health officer, as previously stated. This move is an experiment, by which the society will endeavor to prove to the Commissioners and the Health Department the wisdom of the nurse as a permanent factor in school work. Miss Braun is peculiarly fitted for the position, having had a wide experience in district nursing. She will work in four schools in the southwest section of the city, two white and two colored. She will visit the homes of the pupils attending these schools. She will live at the Visiting Nurses' Home.

DEDICATION EXERCISES OF THE A. LISNER MEMORIAL BUILDING of Georgetown University Hospital were held in the new building on January 14. Addresses were delivered by the Rev. Joseph Himmel, S.J., president of the university; Dr. S. S. Adams, and Dr. George Tully Vaughan. After the exercises

Mr. and Mrs. Lisner held a reception in one of the large halls of the building. The new wing is of red pressed brick, five stories high, including the basement. In the basement is a kitchen for the entire hospital and a large dining room for the sisters and nurses. On the first floor there is a ward and a fine clinical laboratory. On the second floor two wards. The entire third floor is given up to one ward, as is the fourth also. This new building will accommodate sixty patients. The building will be equipped with modern surgical and medical appliances. The exposure is southern, with an outlook over the Potomac. The cost was \$20,000. Mr. Lisner's benefactions have taken many other directions in this city. Dr. Kober, dean of the medical faculty of the Georgetown University, said: "I have never appealed to Mr. Lisner for a worthy cause or charity in twenty years that he did not respond."

MARYLAND

Baltimore.—THE BARNARD AND BIEDLER AND SELLMAN ALUMNÆ ASSOCIATION held a gift sale on December 2 at the hospital, the proceeds to go toward furnishing an alumnae room. The rooms and corridors were tastefully decorated, there was music, fortune telling and refreshments. Bertha Austin was chairman of the committees, each of which did excellent work. Miss Burling, superintendent of the training school, lent her aid in various ways. The proceeds amounted to more than \$350.

LUCY SHARP, Johns Hopkins, class of 1892, and at a former time superintendent of nurses at the Church Home and Infirmary, Baltimore, has again taken this position. Miss Tousey, class of 1908, is with her. Mrs. Sanger, class of 1893, has taken the position of resident nurse at the Baldwin School for Girls, Bryn Mawr, Pa. Minnie MacInnis, class of 1896, has been made one of the tuberculosis nurses of the Instructive Visiting Nurse Association. Edith Maderia, class of 1900, has been made superintendent of the Instructive Visiting Nurse Association of Harrisburg, Pa. Miss Van Blarcom, class of 1901, has resigned the superintendency of nurses at the Maryland Tuberculosis Sanitarium at Sabillasville. Miss Rowland, class of 1906, who was associated with Miss Van Blarcom in the institution, has also resigned. Stella Sampson, class of 1904, and for some years assistant superintendent in the training school, has become assistant superintendent at the Post-Graduate Hospital, New York. Viola McLellan, class of 1906, until recently an assistant superintendent of the school, has been made superintendent of nurses at the Tuberculosis Sanitarium, Pittsburgh, Pa. Mary Frost, class of 1908, has been made head nurse of the medical ward of the Alleghany Hospital, Alleghany, Pa. Marie Gorter, class of 1897, has been made one of the school nurses of the city. Alice Donaldson, class of 1908, has taken charge of the ward for advanced cases at the Eudowood Tuberculosis Sanitarium, Eudowood, Md. Marian Watts, class of 1898, who has long lived in California, has organized in Santa Barbara a visiting nurse association of which she is president. Miss Frisbee, Emergency Hospital, Washington, late of the Visiting Nurse Association of Baltimore, is in charge of the work. Sylvia Maginn, class of 1908, has joined the staff of the Visiting Nurse Association in Chicago. Mrs. Hartridge, class of 1900, has been made superintendent of the Pine Heights Sanitarium, North Augusta, South Carolina. Vashti Bartlett, class of 1906, has returned to the United States after several months work for Dr. Wilfred Grenfell, in St. Anthony's Hospital on the Labrador coast. She is very

enthusiastic over the work done and still to do in the Far North. Miss Kennedy, class of 1903, remains in Labrador for another year's work and is also delighted with the life. Miss Keating, class of 1907, has gone up for a year, her expenses and a moderate salary having been assured by some ladies in Baltimore who are interested in Dr. Grenfell's work among the fishers.

VIRGINIA

STATE EXAMINATION QUESTIONS

Medical Nursing

1. What routine precautions should be observed when taking charge of a medical case or on admission of such patients into hospital wards?
2. In hemorrhage, due to gastric ulcer, what can the nurse do until the physician arrives?
3. For what complications (of sudden development) in typhoid fever should the physician be summoned?
4. Describe most important points to observe in care of pneumonia cases.
5. Outline carefully general nursing of any "bed patient."

Materia Medica

1. Name five precautions to be always regarded in administering medicine.
2. Define cholagogue. Give example, also average doses.
3. What is emesis? State by what means most readily induced.
4. Of what drug is strychnine the chief alkaloid? With what other maladies might strychnine poisoning be confused?
5. Describe emergency treatment in toxic effect of chloral.

Urinalysis

1. Describe briefly the structure and function of the kidneys.
 2. Is urea present in normal urine? What is urea?
 3. How may retention often be relieved without use of catheter?
 4. What care would you give to a case of enuresis in a child?
 5. Is specific gravity of urine specimens of diagnostic value in any case?
- What is specific gravity of normal urine?

Anatomy

1. Locate each of the following bones: femur, scapula, tibia, ulna.
2. Name different kinds of movements of which joints are capable. Describe each.
3. What is the diaphragm?
4. What is the aorta? Where situated?
5. What constitutes the alimentary canal?

Obstetrics

1. Mention some of the symptoms of pregnancy.
2. How may the probable date of confinement be calculated?
3. What are some of the complications of pregnancy?
4. What preparations should be made for delivery? At what stage should the doctor be called?
5. Describe care of patient during the first twenty-four hours of delivery.
6. In a case of puerperal sepsis what special precautions should be taken by the nurse?

7. Define puerperium, placenta prævia, meconium, colostrum.
8. State care of premature baby.
9. If a baby is to be bottle-fed, how many feedings would you prepare, and how much would you give in twenty-four hours from the third to the seventh day, from third to fourth week, sixth to eighth week?
10. What is the difference between vomiting and regurgitation?

Physiology

1. Locate and describe function of the liver.
2. What is the physiological action of the skin?
3. What is peristalsis?
4. Explain difference between secretion and excretion.
5. Describe, if any, the relation of brain to nervous system.

Infants and Children

1. What is artificial feeding? Give in detail the diet of a healthy infant two months old when deprived of breast milk.
2. How would you care for a child with eczema or other skin diseases?
3. With skilful care should a child ever develop thrush?
4. What is usually the cause of the common disorders among children?
5. Is ophthalmia always due to carelessness? When and how may nurses almost surely prevent its development?

Surgery

1. Why is modern surgery more successful than old time surgery?
2. What is an (a) aseptic wound? (b) Septic wound? (c) What measures should a nurse use to prevent the infection of a wound? (d) To render a septic wound aseptic?
3. Briefly describe nursing care of patient immediately after surgical operation.
4. Tell how you would (a) sterilize instruments before an operation; (b) clean instruments after an operation.
5. Describe the different degrees of burns. (a) How should a burn of the first degree be cared for until the arrival of the doctor?

Gynæcology

1. What are the chief causes of gynæcological diseases?
2. Give some results of carelessness in catheterization.
3. Name three medicated douches. (a) How prepared. (b) What strength, unless definitely ordered by doctor.
4. Give instruments and dressings used in a simple gynæcological treatment.
5. Give the general duties of an operating room nurse during operations, (a) to doctor, (b) to patient, (c) to herself.

Dietetics

1. Describe the process of digestion.
2. How do you prepare a beefsteak?
3. What class of foods should be excluded from a rheumatic diet, and why?
4. Mention the objections to a strictly milk diet.
5. How do you prepare an egg omelet? Coffee? Cocoa? Tea?
6. What cut of meat should you choose for making broth?

7. What are the chief ingredients in fruits? Name the easily digested ones.
8. Name the easily digested vegetables and how to cook them.
9. Give receipt for egg-nog, orange albumin, lemon albumin.

Contagious and Infectious Diseases

1. How is pulmonary tuberculosis communicated? Give precautions to prevent its transmission.
2. Give disinfection of room, utensils, patient, and nurse during and after contagious illness.
3. What complications should a nurse guard against in nursing diphtheria? Typhoid fever? Measles?
4. What are the indications in typhoid fever for removal of patient from the tub bath?
5. Give method for hot baths, vapor baths, mustard pack, and alcohol sponge bath.

WEST VIRGINIA

Wheeling.—THE ALUMNÆ OF HASKINS HOSPITAL met in the reception room of the training school on December 29 and elected the following officers for the coming year: president, Mary Mansfield; first vice-president, Mrs. Alice Ankrom; second vice-president, Elizabeth Healy; secretary, Vera Thompson; treasurer, Nellie Lally. Three new members were admitted, business discussed, and there followed a social hour with refreshments.

Huntington.—THE CABELL COUNTY BRANCH of the State Association met on January 5 with Miss Simmons, superintendent of nurses at Kessler Hospital. The attendance was small but a good deal of business was transacted. Officers were elected: president, Kathryn Gaul, C. and O. Hospital; vice-president, Naomi A. Simmons; secretary and treasurer, Mary Brady. Four new members were admitted. The report of the Committee on Constitution and By-laws was heard and approved. A standard charge for graduate nurses was discussed. It was decided to revise the membership roll, and each nurse is required to present her diploma or its equivalent on applying for membership. After the business session, the members were welcomed by Dr. Rader and Dr. and Mrs. Kessler, and a pleasant social hour was spent, refreshments being served by the pupil nurses of Kessler Hospital. The next meeting will be held in February.

NORTH CAROLINA

Charlotte.—THE CHARLOTTE SANITARIUM was opened to the public on December 9. It is located in a new fire-proof building, finely situated, and well equipped, both from the standpoint of comfort to the patients and of convenience in giving medical treatment. There is a fully equipped surgical department, a department for hydrotherapy, a fine sun parlor, and both rooms and wards, varying in price. The nursing service is under the supervision of E. Ethelyn Cherryman, a graduate of the class of 1907, Union Benevolent Association Hospital, Grand Rapids, and previously in charge of the Rotater Hospital, Oklahoma City. Twenty nurses are to be employed, eight of whom were on hand to begin the new work. It is not quite clear whether these are graduate nurses or pupils for a training school.

KENTUCKY

Louisville.—THE ALUMNÆ ASSOCIATION OF THE NORTON INFIRMARY held its regular meeting in the class room of the infirmary on December 16, twenty-

five members and one visitor being present. As this was the Christmas meeting, there was little business, and the members were invited to the nurses' home, where a surprise awaited them. The senior nurses had prepared a little play, "Mrs. Busby's Pink Tea," which was very cleverly acted, and all felt greatly indebted to Miss Gillette and her pupils. The actresses were later invited to join in the usual Christmas refreshments, egg-nog and black cake, served by the refreshment committee. At 8 P.M., Christmas Eve, in the nurses' home of Norton Infirmary, there came to view a huge Christmas tree, decorated with tiny electric lights, and holding many mysterious packages. As each nurse entered, she took a slip of paper from a plate held by the superintendent. This was the number of her present. After the distribution of gifts, there were refreshments and dancing.

MISSISSIPPI

Vicksburg.—A CLASS OF FOUR NURSES graduated from the Vicksburg Sanitarium, on December 16, after completing a three years' course. They were Miss Reeves, Miss Holyfield, Miss Jeffries, and Miss Carley. The east room of the sanitarium was prettily decorated for the occasion and the exercises consisted of a prayer by Dr. Hillhouse, addresses by Mr. B. W. Griffith (who presented the diplomas), Miss Howard, the head nurse, and Dr. Howard L. Weeks, and most enjoyable music.

ALABAMA

Tuskegee.—THE FIRST NEGRO CONGRESS ON TUBERCULOSIS was held during the third week of December, the burden of the week's meetings being the negro's fight against tuberculosis for the sake of both races. The closing conference included representation from the thirty local, state, and national welfare efforts centring at Tuskegee. It was planned that permanent tuberculosis committees be maintained at Tuskegee, Hampton, and Shaw, and other leading schools. February is set aside as a health month and efforts will be made to reach negroes in all cities and towns.

OHIO

Cleveland.—THE SECOND ANNUAL REPORT OF THE BABIES' DISPENSARY AND HOSPITAL is at hand, and like the first report is of absorbing interest. The work continues to grow and to be of greater value to the little babies of the city and to their mothers. The larger work hoped for in the erection of a babies' hospital is not yet in sight. The total visits made by nurses connected with the dispensary during 1908 was 8503. The milk deliveries are now made with a horse and wagon belonging to the dispensary, which also hauls all the ice used for cooling purposes, reducing the ice bills 50 per cent. The total number of patients admitted to the dispensary during the year was 1214. The mortality of these babies has been brought down to 8.8 per cent., and of those wholly in the care of the dispensary, to 1.15 per cent. In order to educate mothers whose circumstances do not warrant their coming to the dispensary, in preventive work, stereopticon lectures are being given in different languages at different churches.

MICHIGAN

Battle Creek.—THE ALUMNÆ ASSOCIATION OF THE BATTLE CREEK SANITARIUM AND HOSPITAL TRAINING SCHOOL, at a meeting held December 14, elected as officers: president, Mrs. F. A. Tyrel; vice-president, Leona Sweet; secretary,

Carrie Zahn; assistant secretary, Mrs. S. M. Baker; treasurer, Margaret Stewart.

Lansing.—PUBLIC HEALTH, issued quarterly by the State Board of Health, contains in its issue for October–December a suggestive and valuable article by Dr. John R. Haynes, of Los Angeles, on “Duty of Railroads in Transportation of Tuberculous Passengers.” Dr. Haynes suggests that all travellers afflicted with tuberculosis shall be carried in special trains, to be run several times a week, and to be specially equipped for their comfort and convenience and for the safety of the public, cars with leather upholstery, washable draperies, with compartments opening on a side corridor, each compartment to contain two berths, a water closet, not inclosed, and a basin with running water. Sputum cups of pasteboard are to be provided and each car is to be furnished with a stove for burning them. All meals are to be served from an accompanying dining car, but in the compartments, all dishes disinfected, and paper napkins furnished. It is suggested that a trained nurse accompany each train.

MINNESOTA

Minneapolis.—THE HENNEPIN COUNTY GRADUATE NURSES' ASSOCIATION held its annual Christmas frolic at the club on the evening of December 23. All who could avail themselves of the opportunity were in attendance, including superintendents of the various hospitals of the city, visiting nurses, and others. The program of the evening consisted of fortune telling, contests with prizes, and a general social time. At an opportune time, a Christmas gift from the association in the form of a bright shining gold piece was presented to Dr. Marion A. Mead, registrar. As Christmas gifts to the nurses, the Lavioris Chemical Company of Minneapolis, the Eisner-Mendelson Company of New York City, the Cystogen Chemical Company of St. Louis, Mo., the Horlick's Malted Milk Company of Racine, Wis., sent various samples and souvenirs. In addition, Parke, Davis & Company's representative was present and served a dainty ice made from Lactone Buttermilk Tablets. Other refreshments were served by the association. The January meeting was held on the 13th at the club-house. The January number of the lecture program was an instructive lecture on dietetics by Dr. R. O. Beard, of the University of Minnesota.

THE NORTHWESTERN HOSPITAL ALUMNÆ held its annual meeting January 5, and elected the following officers: president, Edith Gatzman; vice-presidents, Jessie Perkins and Mary M. Clark; secretary, Bertha Merrill; assistant, Lila Chute; treasurer, Stella Tennison; member of executive board, Edith P. Rommel.

THE CITY HOSPITAL ALUMNÆ ASSOCIATION held its annual meeting on January 8. A number of the City Hospital graduate nurses entertained a classmate, Mrs. Edwin Smith of Bermidji, at an informal luncheon on January 2.

THE SENIOR NURSES OF ST. BARNABAS' HOSPITAL gave a banquet to the visiting staff and internes of the hospital on December 31, each nurse preparing a special dish for the dinner, the class having just completed a course in cooking.

THE ASSOCIATED CHARITIES has added two extra nurses to its visiting staff as a result of the fund raised on “Tag Day.” The field for this work in Minneapolis demands twice the number of nurses now engaged in it. Catharine Brown, who for several years has had charge of the George Christian tubercular work, has resigned her position and is succeeded by Elizabeth Sprague, R.N.

The duty of the nurse during the winter months is instructive work in the houses of the patients. Miss Brown is spending the winter months in the east. Ragnhild Grenager after spending a few months in Chicago has returned and is temporarily assisting the visiting nurses of the Associated Charities.

ILLINOIS

ANNOUNCEMENT.—The work of the Illinois State Board of Examiners of Registered Nurses has been delayed owing to lack of definite information regarding the amount of the treasurer's bond. This information has now been received from Springfield and the board is ready to receive requests for application blanks. These, with copies of the rules of the board, will be sent to nurses in the order in which the requests are filed with the secretary, Bena M. Henderson, 79 Dearborn Street, Chicago, Ill.

Chicago.—THE PEOPLE'S HOSPITAL graduated two nurses recently, Marie Swenson, and Pearl Ham. The new hospital is progressing slowly, and it is hoped to have it completed before long.

ISABEL McISAAC, former superintendent of the Illinois Training School, spent a few weeks in Chicago early in January and gave talks on hospital administration to the pupils of the Illinois Training School and Augustana Hospital.

EVA M. MACK and Zara Falls, graduates of St. Luke's, have given up their hospital work in Los Angeles. Orpheus Birdsall has returned from Asheville and is intending to take up massage.

MINNIE STEWART, a graduate of Wesley Hospital, who has had two successful years of district nursing in New York City has gone to York, Pa., to organize district work there.

DR. FREDERICK TICE has issued a pamphlet entitled "The Tuberculosis Crusade" which gives a little history of the theory and treatment of tuberculosis as held in the past, the progress in recent years in better understanding of its care and prevention, and a description of the work being done by the Chicago Tuberculosis Institute, which is supporting seven dispensaries and one tuberculosis nurse.

INDIANA

Fort Wayne.—MRS. E. G. FOURNIER, superintendent of Hope Hospital, resigned her position on December 21 and returned to her home in Canada, to take up tuberculosis work in Muskoka, Ontario. She has been connected with Hope Hospital for ten years, and her departure is regretted by pupil nurses and members of the alumnae association, which she founded. These spent a pleasant evening with Mrs. Fournier on December 16, and presented her with a gold watch and fob. The alumnae assured her that they considered her the author of its principles, its leader in professional progress, and the inspirer of its ideals, and that they would try to keep alive these principles, especially those of unity and good fellowship among nurses. She is succeeded by Mabel Adams, Presbyterian School for Nurses, Chicago.

Indianapolis.—FORTY-TWO APPLICANTS took the state examination for registered nurses on November 18 and 19. There was one failure in hygiene, one in materia medica, one in gynecology, five in physiology, sixteen in the care of children. The applicants who attained a general average of 90 per cent. or over were placed on the honor roll, they were: Elizabeth J. Hannon, Dona P. Pasco,

and Alice L. Smith, Evansville Sanitarium; Ruby Wilson, Epworth Hospital, South Bend; Mary S. Young, Jane Cassaday Training School, Louisville, Ky.; Kate K. Kinney, I. S. S. H. Hospital, Lafayette; Bernetha Smith, and Maude W. Decker, Marion Hospital, Elkhart; Maude Heath, and Anna M. McEachron, Reid Memorial Hospital, Richmond; Daisy C. Robinson, Aultman Hospital, Canton, Ohio; and Jessie B. Duncan, Philadelphia Hospital, Philadelphia.

NEBRASKA

Omaha.—THE NEBRASKA STATE ASSOCIATION OF GRADUATE NURSES has issued a report which contains a sketch of its history for the three years since its organization, a copy of its constitution and by-laws, and a list of its officers and members, with addresses. Meetings are held monthly, and the association is a member of the Associated Alumnae and of the State Federation of Women's Clubs.

COLORADO

Denver.—THE COLORADO TRAINING SCHOOL ALUMNÆ ASSOCIATION held its monthly meeting at the home of Sue Williams, one of the visiting nurses, in December. Each member brought gifts to be distributed among the poor children by the visiting nurses at Christmas. A pleasant social time was enjoyed.

Pueblo.—THE PUEBLO TRAINED NURSES' ASSOCIATION held its annual meeting at Minnequa Hospital, December 5, at which the following officers were elected: president, Mrs. W. O. Peterson; vice-presidents, Mrs. Meda Stevens, Julia E. Lide; recording secretary, Mrs. C. A. Black; corresponding secretary, L. A. Beecroft; treasurer, Amy S. Peakman; directors, the officers, and Elizabeth Gordon, M. J. Andrew, Nanna Clingan. During the past year the association affiliated with the City Federation of Women's Clubs. There are 24 members and 6 applications waiting. The directors decided to allow the private nurses to issue cards, the same form being used as last year. The City Medical Association has tendered the use of their room for the monthly meetings. A calendar is to be issued for the coming year.

CALIFORNIA

Salinas.—THE JIM BARDIN HOSPITAL graduated two nurses on December 30, —Margaret Lanigan and Blanche Tucker. This is the first class to graduate, and the hall where the exercises were held was crowded with citizens proud of their hospital and its nurses. Addresses were made by J. Henry Andresen, Dr. T. C. Edwards, and by the superintendent of the school, Theresa Ericksen, R.N. Dr. John Parker presented the diplomas, and Rev. B. D. Weigle, the pins, made from Miss Ericksen's design.

Los Angeles.—THE CALIFORNIA HOSPITAL NURSES' ALUMNÆ ASSOCIATION held its regular meeting on January 4, and elected the following officers for the ensuing year: president, Eva V. Johnson; vice-presidents, Mrs. E. P. Durbin, Laura Cochran; secretary, B. Gilbert; treasurer, E. Barbor. The yearly reports of the committees were given, followed by a social time. The following report of the 172 graduates is of interest: married, 47; died, 9; private nursing, 87; hospital positions, 15; superintendents of hospitals, 8; office positions, 2; district work, 2; other work, 2. Marie Johnston has accepted a position with the Southern Pacific Railroad Company as supervisor of hospitals in Mexico.

CANADA

Toronto.—MARY A. SNIVELY, on December 1, commenced her twenty-fifth year as superintendent of nurses at the Toronto General Hospital.

The Canadian Nurse begins the year 1909 in a new and attractive form, the editorial and business management having been separated.

The Toronto Globe says: "When it is said that Toronto's rich men do little relatively for charity's sake a few notable exceptions must be made to the statement. Probably no institution on the continent has a more generous friend than the Sick Children's Hospital has in Mr. John Ross Robertson. The hospital had rather a heavy overdraft at the New Year and Mr. Robertson sent along a check for \$10,000. Only a short time ago Mr. Robertson gave the hospital a nurses' school and home at a cost of at least \$135,000. His gifts to the hospital proper on capital account and for maintenance have never been totalled up, because no one save Mr. Robertson knows how much they have been, and he won't tell. It would not be surprising to learn that first and last the Sick Children's Hospital and the Lakeside Home have benefited to the extent of almost half a million from Mr. Robertson's admirable Santa Claus habit. That is a somewhat startling figure for our rich men to live up to. Doing good by stealth, as Mr. Robertson does it, has its disadvantages. It cannot be used as effectively in spurring on others as can the subscription-list method."

BIRTHS

At Denver, Colorado, a son to Mrs. Ardut, who was Elizabeth Waugh, class of 1902, County Hospital, Denver.

MARRIAGES

On November 21, 1908, at St. Louis, Mo., Magnolia P. Sookens, class of 1907, Provident Hospital, Chicago, to Evander Thomas Clark Buster. Mr. and Mrs. Buster will live in Chicago.

On December 29, 1908, at Evanston, Illinois, Eva E. Tibbs, class of 1906, Provident Hospital, Chicago, to John Porcius Faulkner, of Glencoe, Illinois. Mr. and Mrs. Faulkner will live at Walden University, Nashville, Tennessee, where Mr. Faulkner is professor of mathematics.

VIRGINIA SAWYER, graduate of Worcester City Hospital, to Frank C. Martin, D.D.S.

On October 31, 1908, at Brooklyn, Amy Estella Douse, class of 1906, Anna Jaques Hospital, Newburyport, Massachusetts, to Elmer Collin Cooper, of Monmouth Spring, Arkansas.

On December 15, Nellie Beatrice Armstrong, class of 1908, Hartford Hospital Training School, to James Cornelius Wilson, M.D. Dr. and Mrs. Wilson will live in Hartford.

In December, Ethel Soby, class of 1908, Hartford Hospital Training School, to Arthur H. Griswold, M.D. Dr. and Mrs. Griswold will live in Hartford.

On December 13, R. Belle Hinman, graduate of Wesley Hospital, Chicago, to Dr. Mitchell. Dr. and Mrs. Mitchell will live in New Vermont, Iowa.

DEATHS

At her home, Prince Edward's Island, of pulmonary tuberculosis, Christine Miller, class of 1894, Worcester City Hospital.

On January 2, suddenly, at her home in Southington, Connecticut, Louise Allen, class of 1904, St. Luke's Hospital Training School, New York City.
